

Report from Wiltshire Health and Care to the Chippenham Area Board

10 February 2021

Health Care Estate in Chippenham - Update

B&NES, Wiltshire and Swindon (BSW) Clinical Commissioning Group has been working with Wiltshire Council and has just received funding from One Public Estate to develop a Project Initiation Document, (PID), for Health Care Estate in Chippenham. The aim is to get the PID written in the next six months. The purpose of the PID is to set out the future requirements and seek permission to apply for national capital funding to develop the Strategic Outline Case for the health care estate required for the town in the future.

BSW Long Covid Rehabilitation Assessment Clinic

Long Covid is a term to describe the effects of Covid-19 that continue for weeks or months beyond the initial illness. Long Covid symptoms commonly experienced by patients we have already assessed include:

- fatigue
- breathlessness
- anxiety and depression
- palpitations
- chest pains
- joint or muscle pain
- not being able to think straight or focus ('brain fog')
- dizziness
- persistent cough
- loss of taste or sense of smell.

A team of Physiotherapists, Occupational therapists and Respiratory nurses will work together to assess patients from across Bath and North East Somerset, Swindon and Wiltshire to provide a Long Covid rehabilitation assessment clinic. The clinic is designed to help people who still have symptoms related to a Covid infection after 12 weeks and have been referred by their GP. The aim of the clinic is to identify what symptoms a person is experiencing and how this is affecting them day to day. We help them find resources and/or treatments to manage these symptoms effectively so they can rehabilitate to living a fulfilling life. The assessment clinic comprises 3 phases:

Phase 1 - Telephone assessment

Phase 2 – Exercise tolerance assessment

Phase 3 – Provide treatment plan and resources.

Further information is available on the WHC website.

<https://wiltshirehealthandcare.nhs.uk/service/bsw-long-covid-rehabilitation-assessment-clinic/>